



LEADERSHIP PROGRAMME TWO-DAY INDIVIDUAL WORKSHOPS

**From traditional to authentic leadership.
From intelligent to wise.**

Leadership in Action customised workshops provide a highly supportive and safe environment to explore your leadership style and empower you with the insights and tools for lasting personal change.

THE PROGRAMME

Private workshops are:

- Customised and individual-specific
- Intensive and designed for fast, effective results
- Behavioural-based and multidimensional, drawing on a mental and emotional toolkit tailored to you

DURING THIS PROGRAMME YOU WILL:

- Increase personal responsibility, becoming less at the effect of people and circumstances, and more intentional in your experiences
- Work on key issues you feel are holding you back
- Acquire a practical toolkit to maintain authenticity, integrity, and resilience
- Develop greater ease, confidence, and personal strength
- Learn techniques to enhance emotional hygiene
- Establish a clear sense of purpose, values, and intentions for the future
- Identify immediate actions to strengthen key areas such as health, finances, and wellbeing
- Build skills to become a more effective leader in your role

WHAT'S INCLUDED

- Two full days of one-to-one private coaching (other durations available)
- Ongoing coaching support as needed
- Option to include 360° feedback
- Residential accommodation and meals arranged to support focus and integration

- A blend of indoor and outdoor coaching experiences, making use of the natural environment for reflection and renewal
- Optional excursions and alternate locations available on request

WHO SHOULD ATTEND

Private workshops are ideal for busy or private individuals who want an intensive and effective personal learning experience.

INVESTMENT IN YOURSELF

This is an immersive, life-shifting experience designed to equip you with clarity, resilience, and actionable strategies that last long after the workshop.

Facilitated by Leadership in Action, Business Advisor and Mentor **Zoe Dryden** — an experienced trainer, business owner, and advisor who has worked with organisations across New Zealand, Australia, and the UK.

PRICE \$5600 plus gst.

WHERE TO FIND OUT MORE?

- Contact Zoe Dryden or visit the website: www.leadershipinaction.nz

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